

## Basic Information Sheet

Name

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Briefly answer the following questions

1. What is the problem that brings you here?
2. What have you done about it?
3. What can we do to help? What are your expectations in coming here?
4. As you see yourself, what kind of person are you? Describe yourself.
5. Is there any other information we should know?

# Personal Data Inventory

Date \_\_\_\_\_

## IDENTIFICATION INFORMATION

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Occupation: \_\_\_\_\_ Place of Business: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Marital Status: Single \_\_\_\_\_ Married: \_\_\_\_\_ Separated: \_\_\_\_\_ Divorced: \_\_\_\_\_ Widowed: \_\_\_\_\_

Education (Circle Year Completed): Grade School: 1 2 3 4 5 6 7 8 High School: 9 10 11 12 College: 1 2 3 4 5 6 +

Major: \_\_\_\_\_ Other Training (list types): \_\_\_\_\_

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Referred here by: \_\_\_\_\_

## HEALTH INFORMATION

Rate your current physical health: Good \_\_\_\_\_ Average: \_\_\_\_\_ Declining: \_\_\_\_\_ Poor: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Recent weight changes: Lost: \_\_\_\_\_ Gained: \_\_\_\_\_

List all important or present illnesses, injuries, or handicaps: \_\_\_\_\_

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Date of last medical examination: \_\_\_\_\_ Results: \_\_\_\_\_

Physician's Name: \_\_\_\_\_

Have you ever had a severe emotional upset? \_\_\_\_\_

Have you ever had a problem with alcohol or drug abuse, prescription or non prescription? \_\_\_\_\_

Have you ever been physically abused as a child or as an adult? \_\_\_\_\_

Have you ever been sexually molested, either as a child or as an adult? \_\_\_\_\_

Have you seen a psychologist, psychiatrist, and/or counselor? \_\_\_\_\_

If yes, list counselor or therapists, and dates: \_\_\_\_\_

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Have you ever been arrested? \_\_\_\_\_ If yes, for what reason? \_\_\_\_\_

Have you ever used drugs for other than medical reasons? \_\_\_\_\_

Are you presently taking any medication? \_\_\_\_\_ Prescribed? By whom? \_\_\_\_\_

Over the counter? \_\_\_\_\_ Medication and dosage? \_\_\_\_\_

**RELIGIOUS BACKGROUND**

Current church you attend, if any: \_\_\_\_\_

Are you a member of a church? Yes \_\_\_ No \_\_\_ If yes, what is the name of the church? \_\_\_\_\_

Pastor: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Church attendance per month (Circle) 0 1 2 3 4 5 6 7 8 9 10+

Religious background and current church attended by spouse, if married: \_\_\_\_\_

Are you saved? Yes \_\_\_ No \_\_\_ Not sure what you mean? \_\_\_\_\_ Baptized? Yes \_\_\_ No \_\_\_

How often do you read the Bible? \_\_\_\_\_

Explain any significant religious changes in your life, if any: \_\_\_\_\_

How would you describe your personal relationship with Christ? \_\_\_\_\_

**MARITAL INFORMATION**

Note: if never married, check here \_\_\_\_\_ and skip to the "Information about Children" section

Name of spouse: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Occupation: \_\_\_\_\_ Place of Business: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Spouse's age: \_\_\_\_\_ Education (years): \_\_\_\_\_ is your spouse willing to come in for counseling? \_\_\_\_\_

Have you ever been separated? Yes \_\_\_ No \_\_\_ When? From \_\_\_\_\_ To \_\_\_\_\_

Has either of you ever filed for divorce? Yes \_\_\_ No \_\_\_ When? \_\_\_\_\_

Date of this marriage: \_\_\_\_\_ Your ages when married: Husband \_\_\_\_\_ Wife: \_\_\_\_\_

How long did you know your spouse before marriage: \_\_\_\_\_ Length of steady dating with spouse: \_\_\_\_\_

Is this your first marriage? \_\_\_\_\_ Give brief information about any previous marriages: \_\_\_\_\_

**INFORMATION ABOUT CHILDREN**

*PR	Name	Age	Sex	Living at home?

\* Check this column if child is by a previous relationship